



Camp Challenge was created after Tom was diagnosed at age 40 with colo-rectal cancer. On that day our family changed forever. Our new challenge was not the cancer, but the ability to *embrace each other and each day to its fullest.*

Camp Challenge was founded as a family retreat for the special moment of *triumph* that cancer families so seldom experience. This *port of peace* focuses on living life, keeping life's scoreboard at **Cancer-Zero, Me-One**

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The Me-One Foundation
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CAMP *Challenge*



living

Where families focus on





We encourage families to join in this **incredible experience of connecting** with each other: making and sharing memories, expressing feelings, creating new friendships, trying new activities, and of course, having fun. As attendees challenge themselves, they will discover their **inner strength, courage**, and the **confidence** they never knew they had.



Camp Challenge is a free weekend camp where adult cancer patients and their families can **enjoy life** without disease as their primary thought. Supported by our mission of providing families with activities and events which promote **courage, hope**, and **laughter**, Camp Challenge offers memorable experiences in a unique and beautiful setting. Families who attend Camp Challenge form **strong friendships** that last for years.

Cost

Thanks to the generosity of our community, attendance at Camp Challenge is offered free to as many as six family members of cancer patients. Donations are welcomed to cover the costs of running Camp Challenge.

Registration

In order to register your family for Camp Challenge, please visit our website at www.me-onefoundation.org, request a registration form my mail, or call the Me-One Foundation at (916) 781-6457.

Facilities

Camp Challenge is located at Walker Creek Ranch in pristine West Marin County, California, about one hour north of the Golden Gate Bridge. Blessed with 1,741 acres of rolling grassy hills, bay forests, and a four-acre swimming pond, Walker Creek Ranch is the perfect setting for cancer patients and their families to relax, enjoy life, and take in all the beauty this world has to offer.

Activities at Camp Challenge:

- swimming
- canoeing
- hiking
- arts & crafts
- board games
- volleyball
- basketball
- storytelling
- relaxation
- rock climbing wall
- folk singing
- low- and high-challenge ropes courses
- and much more!

Strength
courage
hope

friendship

confidence

laughter

family